

# Elevare Red

## Directions For Use



1. Begin by charging the device for at least 6 hours before using.
2. Once fully charged use the device 3 times a week for the first month. After the first month we recommend using it at least once to twice a month to maintain good results.
3. Please watch the instructional video for tips on how to use the device. Note that device can be used on the entire body.
4. When using creams or oils with your device ensure Silicon cap is adjusted on.
5. (An example of creams that may be used are a coconut oil or a lubricant type gel as this will help the machine glide and to boost the overall effect.)
6. Gently proceed to massage Elevare Red in to skin in an circular upwards direction.
7. After usage it is recommended to hydrate the treated areas.
8. For more details visit:  
<https://elevareskin.com/product/elevare-skin-red/>